



# EVENTFULLY YOURS NEWSLETTER

January 2010

[www.albertahorsetrials.com](http://www.albertahorsetrials.com)

## Happy New Year Everyone!

And welcome back to the newsletter. Yes, our first electronic edition went very well and then seemed to disappear. Why you ask? Because I didn't receive ANY stuff to put in it. :) Come on people, we need to keep information coming.

Hope you all had a wonderful holiday season and got some riding in. I managed to ride bareback a few times as it was so cold. Okay, I admit that I skied lots. It looks like we're going to have another great year of eventing. Lots of events and clinics scheduled. Hope we get to see you out there.

Some of our lucky riders have already headed south to start their season early. They've promised me to send some updates to rub our noses in it, oh, sorry I mean to keep us informed and motivated. :) I just don't know why they won't adopt me.

Don't forget to get your 2010 memberships. Do it now and get organized for the year. Membership forms are available on our website under forms.

Wishing you all a successful eventing year!

Nancy Watson



Some of my Painted ponies checking out the new foals!

## 2010 AHTA BOARD OF DIRECTORS

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(not a board member)

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[mgaglione@xplornet.com](mailto:mgaglione@xplornet.com)

Newsletter:  
(not a board member)

Nancy Watson

250-344-2997

[diamondr@telus.net](mailto:diamondr@telus.net)

## 2009 Casino

A huge thanks goes out to all those people who worked the Casino fundraiser on December 1 & 2nd. The casino fundraiser is a major source of income for our association. We had a few of the quieter days but that just gave us more time to visit with friends. Thanks also to the people who volunteered but didn't get a chance to work. You missed out on all the fun.



Brittany DesCotes going Intermediate at Whidbey Island

### ***2010 High Performance Rider Listing***

Sandra Donnelly  
 Caroline Smith  
 Talia Wells  
 Jennifer Duke  
 Caroline Petty  
 Joelle Baskerville  
 Emma Irwin

Tricia Dahms  
 Sarah Green  
 Danielle Ziehlke  
 Brittany Rose  
 Ariana Schulte  
 Liam Kronlund  
 Carrie Geddes

Noel Clark  
 Sarah Cunningham  
 Laura Thompson  
 Brittany Descotes  
 Rebecca Farrell  
 Katelyn Ziegler  
 Aislyn Havell

Rebecca Lee  
 Paige Dinnie  
 Katie Duke  
 Barry Tyerman  
 Erin Hinchcliffe  
 David Ziegler  
 Amy West

**AHTA SPONSORS**

*The AHTA would like to thank the following sponsors for their generous support throughout the 2009 eventing season:*

*Parks Foundation Calgary / Amateur Sport Grant Program  
Alberta Sport, Recreation, Parks & Wildlife Foundation  
The Tack Box  
Country Equine  
Donnelly Family  
The Tudor Tack Shoppe Ltd.  
Moose Hill Ranch Equestrian Centre  
Investors Group – Ken Hayward  
Rhiannon Farm – Joe & Margo Gaglione  
Equestrian Factory Outlet  
REMAX Real Estate – Joe Gaglione  
Beyond Words Communication – Rebecka Torn  
Caroline Creek Equine Massage Therapy – Maria McDowell  
Calibre Drilling Ltd. – Clay Cunningham  
Brenda Glowinski  
Alhambra Stables – Ulrika Wikner  
Combined Efforts – Sarah Cunningham  
Riverside Equestrian – Brenda Thompson  
Spruce Grove Feeds Inc.  
Ken Galbraith Professional Horseshoeing  
Horselife Saddlery and Riding Apparel  
JR's Gemstone Creations – Joy Doram  
Equi-Products  
Extreme Tack  
Horsey Signs  
La Mane Place Hair Salon  
Cochrane & District Agricultural Society  
Evergreen Park – "The Track"  
Overton Equine Health Services – Dr Katryna Garrett  
Country Junction – Wetaskiwin Co-op Association Ltd  
Canadian Sport Horse Association – Alberta Chapter  
Canadian Thoroughbred Horse Society – Alberta Division  
Canadian Warmblood Horse Breeders Association – Alberta Chapter*

*Alhambra Southside Dodge Challenge Summer and Fall Events  
Beaumont Horse Trials  
Cochrane Horse Trials  
South Peace Horse Trials  
Thompson Country Horse Trials*

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## High Performance has Another Successful Year!

The High Performance (HP) Program had a fantastic 2009 season. The 24 riders, selected from the High Performance List published annually in the Omnibus, had a range of opportunities to enhance the performance of their horses, themselves as riders, and their coaching skills.

Clinics were held in February in Florida at the Tyerman and Gaglione's farm and in Edmonton at Fieldstone Farm in early May. These clinics were led by Lorraine Laframboise, HP coach/consultant and focused on both mounted and un-mounted skills. In Florida, Lorraine provided a three day clinic prior to a major competition, and then was able to coach the riders through the competition as well.

In June, we were thrilled to be able to invite Jane Bartle-Wilson from the UK to run a coaching clinic at Cochrane. The first day was an open audit day where 40 auditors learned as Jane coached three groups of increasingly skilled riders on the flat in the morning and over jumps in the afternoon. The next three days were focused on intensive coaching skills with 10 coaches. Each day, coaches brought their own students and worked on various skills with mentorship and feedback from Jane as well as from the other coaches.



Noel Clark & Gotteulan



Noel Clark & Gotteulan

Our major focus event of the year is Rebecca Farms. This year, Lorraine was unable to be with us as she had a conflict with her Quebec Young Rider team who was competing at NAJYRC in Kentucky at the same time. One of our Young Riders, Liam Kronlund, was on the Quebec/ Alberta team with Lorraine. However, we put together a mini-team with Karen Nyrop as our team vet and Terry Clark as our mental skills coach. We had 12 HP riders competing at the FEI levels. We are incredibly proud to say that all of our riders passed all jogs and successfully completed their courses, 10 of the 12 in the ribbons! Our annual gift to all HP riders was a beautifully embroidered quarter sheet – special thanks to Tina Thompson and EquiProducts.

In November, we had our fall clinic at Alborak Stables and were able to introduce a new member of our coaching team – Jody Sloper. We are very excited that Jody will be able to add extras to the program such as monitoring and mentoring athletes through their yearly goals and providing event coaching when Lorraine is unavailable. Lorraine and Jody work very well together and our program will be enhanced significantly as a result!

### High Performance Report (Continued)



Sarah Cunningham, Sandra Donnelly, Rebecca Lee and Tricia Dahms

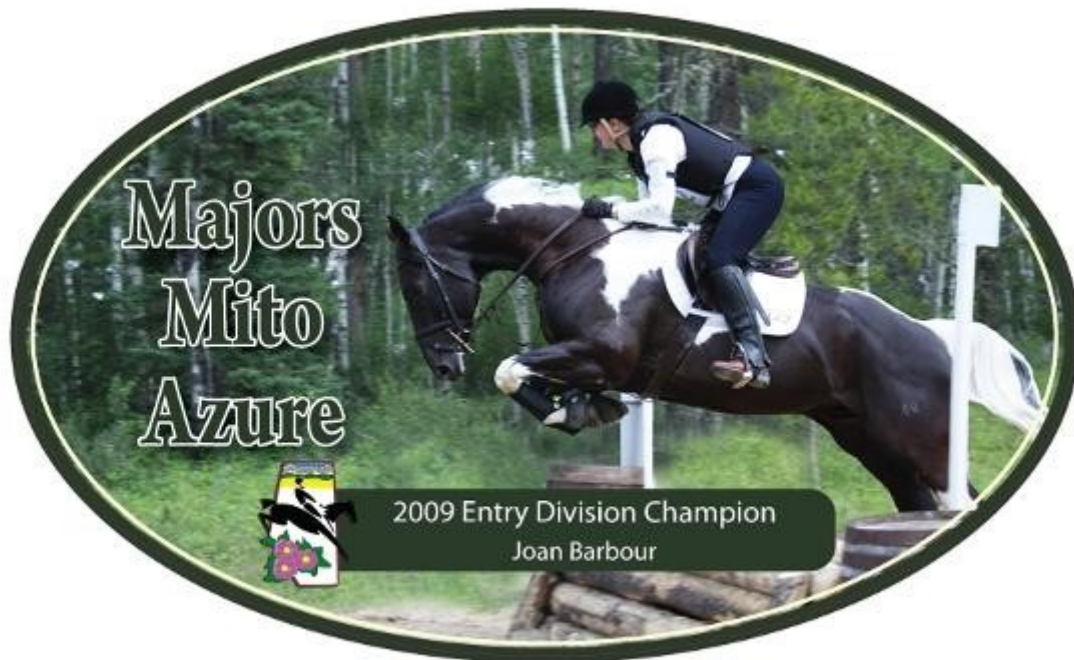
Finally, the HP Program sponsored four of our AB eventing coaches to attend the National Eventing Coaching Symposium outside of Toronto in late November. The sponsored coaches were: Sandra Donnelly, Tricia Dahms, Rebecca Lee, and Sarah Cunningham. The intention is that this sponsorship enabled these coaches to strengthen their skills, which in turn gives back to AB eventing as a whole.

HP Program members are invited from those riders who are named to the HP List (as described in the omnibus). In 2009 we had 24 members and we have a potential of 30 members this year! However, the goal of the program, while wanting to be inclusive, also needs to focus on providing as much support as possible to the top AB riders. Therefore, criteria will be tightened for the 2011 year. So, for those who are aspiring to become a member of the HP Program for 2011, you will need to complete 3 prelim competitions in the past 12 months, each with a qualifying score.

Membership in the HP Program is \$100 per year which provides access to the clinics and coaching at a significantly reduced cost. Many thanks to our program sponsors: the AB Sport, Recreation, Parks, and Wildlife Foundation with matching dollars from AHTA.

2009 AHTA Year End Awards

<b>Training Adult Amateur</b>	Josefina Kaderabek	Keely
<b>Pre-Training Adult Amateur</b>	Stephanie Sylvestre	Illusion
<b>Entry Adult Amateur</b>	Joan Barbour	Majors Mito Azure
<b>Entry Newcomer</b>	Joan Barbour	Majors Mito Azure



Joan Barbour  
and Majors  
Mito Azure

**Canadian Warmblood of the Year** (Sponsored by the Canadian Warmblood Association)

Sandra Donnelly      Buenos Aires

**Thoroughbred Horse of the Year** (Sponsored by the Canadian Thoroughbred Association)

Barry Tyerman      Northern Charger

**Canadian Sport Horse Association** (Sponsored by the Canadian Sport Horse Association)

Noel Clark      Jack of Hearts

**Top Rider of the Year** (Sponsored by AHTA)

Sandra Donnelly      Buenos Aires

**Old Timer's Award** (Sponsored by The Donnelly Family & Alborak Stables)

Barry Tyerman

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**Dressage Bonus Award (\$50)**

Rachel Torn



Rachel Torn & Alex

**Showing Jumping Award (\$50)**

Noel Clark

Emma Irwin

Amy Metcalfe

Laurie Powell

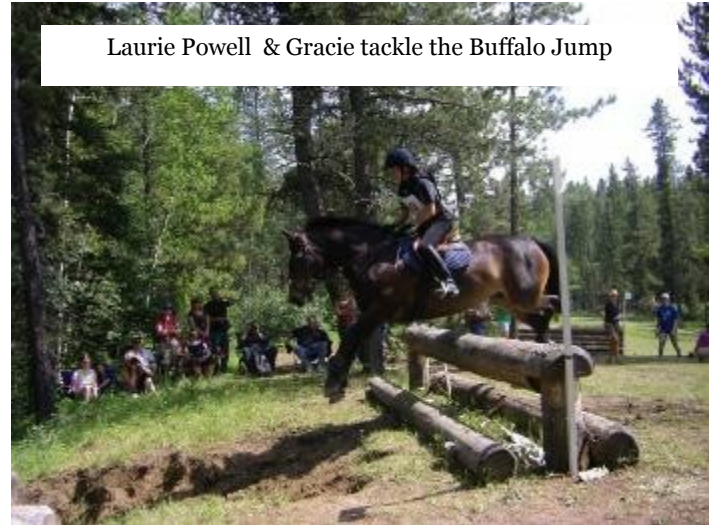
Laura Thompson

Carol Irwin

Katy Jorgensen

Laura Penikett

Jennifer Smart



Laurie Powell & Gracie tackle the Buffalo Jump

**Preliminary Upgrading Award (\$100)**

Carrie Geddes

Aislyn Havell

Emma Irwin

David Ziegler

Katelyn Ziegler

Carino

Queen of Keno

Higher Ground

Hi Jynxx

Peninsula Lion



Aislyn Havell and Queen of Keno at Alhambra Summer Event 2009

## 2009 AHTA Year End Awards

### Advanced Division

<b>Champion</b>	Sandra Donnelly	Buenos Aires
<b>Reserve</b>	Noel Clark	Jack of Hearts

### Intermediate Division

<b>Champion</b>	Caroline Smith	Tessa
<b>Reserve</b>	Rebecca Lee	Gold Twist
<b>Third</b>	Joelle Baskerville	Malibu

### Preliminary Division

<b>Champion</b>	Joelle Baskerville	Malibu
<b>Reserve</b>	Liam Kronlund	Goodness Gracious
<b>Third</b>	Barry Tyerman	Northern Charger

### Training Open Division

<b>Champion</b>	Christine Austerman	Finest Diamond
<b>Reserve</b>	Nancy Watson	Majors Dream Jet
<b>Third</b>	Rebecca Lee	Good as Gold

### Training Regular Division

<b>Champion</b>	Josefina Kaderabek	Keely
<b>Reserve</b>	Laura Penikett	Panache
<b>Third</b>	Emma Irwin	Higher Ground

### Pre-Training Open Division

<b>Champion</b>	Sandra Donnelly	Gelinas
<b>Reserve</b>	Rebecca Lee	Jaunty Star
<b>Third</b>	Kirsty Panneton	Aventura Brillante

### Pre-Training Regular Division

<b>Champion</b>	Stephanie Sylvestre	Illusion
<b>Reserve</b>	Robyn Macbeth	Batman
<b>Third</b>	Danette Deck	Sniper



Josefina Kaderabek & Keely

## 2009 AHTA Year End Awards (continued)

### Entry Open Division

<b>Champion</b>	Lauren McLean	Wild Remedy
<b>Reserve</b>	Rebecca Lee	Paul
<b>Third</b>	Stephanie Sylvestre	Illusion

### Entry Regular Division

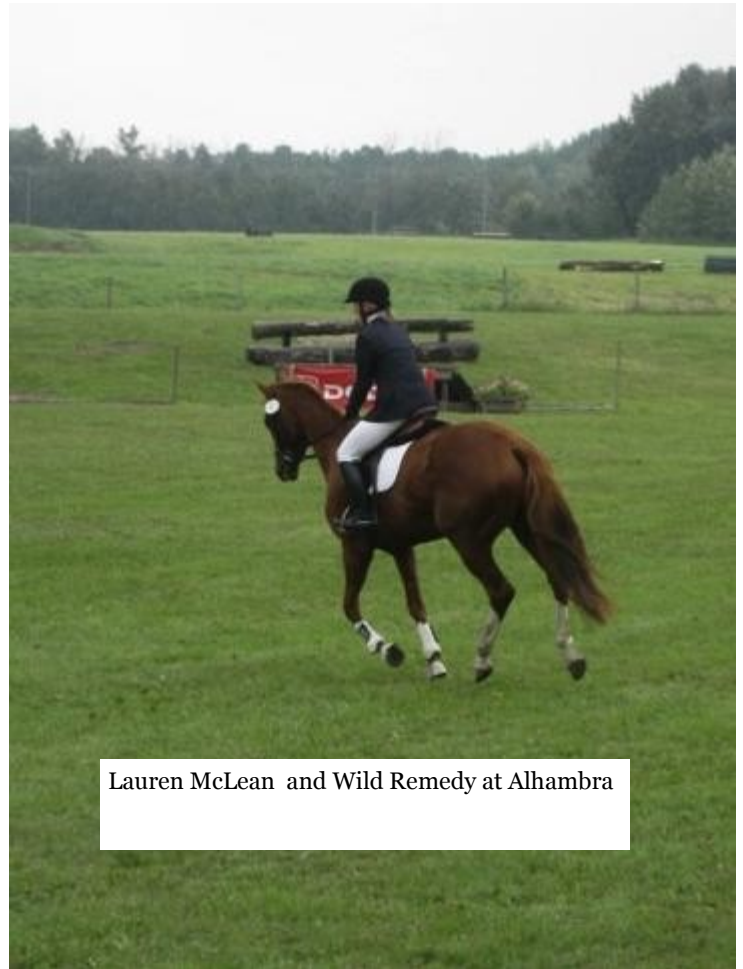
<b>Champion</b>	Joan Barbour	Majors Mito Azure
<b>Reserve</b>	Kate Tooke	Bella Luna
<b>Third</b>	Graham Torn	Beaujest

### Pre-Entry Open Division

<b>Champion</b>	Margo Gaglione	Azarius
<b>Reserve</b>	Jennifer Smart	Dashwood
<b>Third</b>	Kelly Brouwer	Wartann

### Pre-Entry Regular Division

<b>Champion</b>	Emily Martin	Last Shaded Moon
<b>Reserve</b>	Jane Martin	My King's Alegro
<b>Third</b>	Jamie Hoffman	Smokey



Lauren McLean and Wild Remedy at Alhambra



Amy Metcalfe and Fynntastic at the Alhambra clinic

## For all the horse women in the world.

I ride. That seems like such a simple statement. However, as many women who ride know, it is really a complicated matter. It has to do with power and empowerment. Being able to do things you might have once considered out of reach or ability.

I have considered this as I shovel manure, fill water barrels in the cold rain, wait for the vet/farrier/electrician/hay delivery, change a tire on a horse trailer by the side of the freeway, or cool a gelding out before getting down to the business of drinking a cold beer after a long ride.

The time, the money, the effort it takes to ride calls for dedication. At least I call it dedication. Both my ex-husbands call it 'the sickness.' It's a sickness I've had since I was a small girl bouncing my model horses and dreaming of the day I would ride a real horse. Most of the women I ride with understand the meaning of 'the sickness.' It's not a sport. It's not a hobby. It's what we do and, in some ways, who we are as women and human beings.

I ride. I hook up my trailer and load my gelding. I haul to some trailhead somewhere, unload, saddle, whistle up my dog, and I ride. I breathe in the air, watch the sunlight filter through the trees and savor the movement of my horse. My shoulders relax. A smile rides my sunscreen smeared face. I pull my ball cap down and let the real world fade into the tracks my horse leaves in the dust.

Time slows. Flying insects buzz loudly, looking like fairies. My gelding flicks his ears and moves down the trail. I can smell his sweat and it is perfume to my senses. Time slows. The rhythm of the walk and the movement of the leaves become my focus. My saddle creaks and the leather rein in my hand softens with the warmth.

I consider the simple statement; I ride. I think of all I do because I ride. Climb granite slabs, wade into a freezing lake, race a friend through the Manzanita all the while laughing and feeling my heart in my chest. Other days just the act of mounting and dismounting can be a real accomplishment. Still I ride. No matter how tired or how much my seat bones or any of the numerous horse related injuries hurt. I ride. And I feel better for doing so.

The beauty I've seen because I ride amazes me. I've ridden out to find lakes that remain for the most part, unseen. Caves, dark and cold beside rivers full and rolling are the scenes I see in my dreams. The Granite Stairway at Echo Summit, bald eagles on the wing and bobcats on the prowl add to the empowerment and joy in my heart.

I think of the people, mostly women, I've met. I consider how competent they all are. Not a weenie amongst the bunch. We haul 40ft rigs. We back into tight spaces without clipping a tree. We set up camp. Tend the horses. We cook and keep safe. We understand and love our companions, the horse. We respect each other and those we encounter on the trail. We know that if you are out there riding, you also shovel, fill, wait, and doctor. Your hands are a little rough and you travel without makeup or hair gel.

You do without to afford the 'sickness' and probably, when you were a small girl, you bounced a model horse while you dreamed of riding a real one. Now you are there. I ride.

--Author Unknown--

(although, many of us feel she is our sister)

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### **Young Rider Program, WHOA! Don't panic!**

The YR program has not been "eliminated".....We are doing our best to meet the needs of "ALL" our members. Over the past few seasons the YR's program has struggled, largely due to the increasing gap between YOUNG EVENTERS and Qualified YOUNG RIDER'S who plan to attend NAJYRC.

**\*OUR GOAL IS TO SUPPORT ALL LEVELS OF RIDERS FROM (pre) pre-entry to Prelim. AND BEYOND\***

The AHTA will host a series of clinics. YOUNG EVENTERS will be encouraged to attend. Through these clinics YOUNG EVENTERS will be identified as future Young Riders. Qualified YOUNG RIDERS who aspire to attend NAJYRC will be supported through the High Performance Program.

We are looking forward to an exciting 2010 eventing season and supporting you. Remember to keep reading "NEWSBITES" for updates on clinics and other important information. For further information regarding the 2010 program please contact ...Bonnie Hayward [khayward@telusplanet.net](mailto:khayward@telusplanet.net)

### **2010 AHTA Handbook**

The handbook will be published in 2010 - advertising helps off-set the cost of printing. If you would like to advertise OR know of a potential advertiser please contact:

[rebecka@beyondwordcommunications.com](mailto:rebecka@beyondwordcommunications.com)

**DEADLINE FOR SUBMISSIONS: 28 February 2010**

#### Advertising Rates:

Business Card \$50.00

1/4 Page \$75.00

1/2 Page \$150.00

Full Page \$250.00

Inside/Back cover \$300.00

### **WORKING STUDENT POSITION AVAILABLE**

Short listed event rider Chelan Kozak is currently seeking a working student/groom. Lodging for rider and horse available. Candidate must be hard working, personable, and have driver's license. Travel plans for 2010 include California, Florida, Rolex CCI4\*, and possibly the WEGs. **Apply to [3daze@telus.net](mailto:3daze@telus.net) or call 1-604-832-0860.**

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## 2010 Calendar of Competitions

May 29-30	Alhambra Spring Event	OP, OT, OPT, OE, OPE
June 5-6	Beaumont Horse Trials	T, PT, E, PE
June 26-27	Cochrane Horse Trials	CIC1*, OP, OT, PT, E, PE
July 9-11	Thompson Country Horse Trials	OP, OT, PT, E, PE
August 20-22	Alhambra Summer Event	OP, T, PT, E, PE
Sept. 4-5	South Peace Horse Trials	OI, OP, OT, PT, E, PE
Sept. 18-19	Alhambra Fall Event*	OP, T, PT, E, PE

(\*Provincial Championships)

July 22-25, 2010—Rebecca Farm, Montana

### CLINICS

**January 19-20**

**February 16-17**

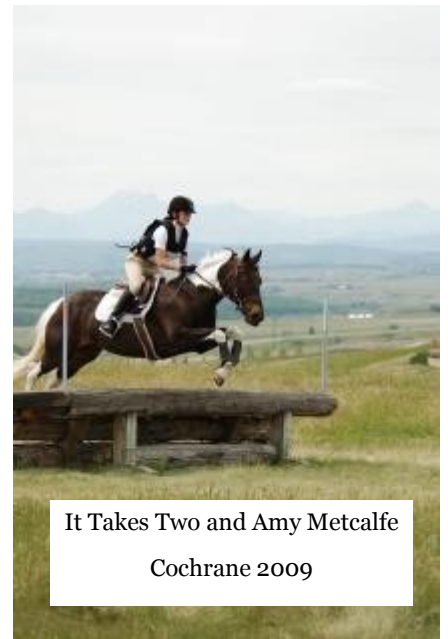
**March 2-3**

**April 6-7**

**May 4-5**

A series of 5 clinics is scheduled at Alborak Stable. These clinics will be jumping clinics working on both show jumping and XC skills. The clinics will be progressive, getting riders ready for the start of the eventing season in Alberta. All clinics will take place on Tuesday and Wednesday. The cost of 2 days of jumping is \$150. Spaces in the clinics will be reserved on a first paid, first served basis. If you are not able to make your reserved space, a refund will be available upon filling your space from the wait list. There will be limited stabling which will be reserved on a first paid, first served basis. *For more information call Alborak Stable at (403)932-4819.*

**Please note that Sandra has had her email [gallop\\_n\\_jump@yahoo.ca](mailto:gallop_n_jump@yahoo.ca) hacked and someone is using it in an unauthorized fashion. Sandra has lost access to the account herself. We assume that Sandra will let us know when she gets a new email**



It Takes Two and Amy Metcalfe  
Cochrane 2009

**January 22-23/February 12-13** Sarah Cunningham will continue the DEEP CHILL JUMPING CLINIC SERIES. Extreme Stables in Ponoka. Contact Jamie Hoffman at [extremetack@platinum.com](mailto:extremetack@platinum.com).

**January 24-25/February 14-15** Sarah Cunningham will continue the DEEP CHILL JUMPING CLINIC SERIES. Diamond A Equestrian (west of Edmonton) Contact Catherine David at [combinedefforts@gmail.com](mailto:combinedefforts@gmail.com).

and will be at Diamond A Equestrian west of Edmonton on Sunday January 24 and Monday January 25. Classes will be 1 1/2 hours with 4 or 5 riders of similar riding levels and will cost \$40 each plus \$10 for haul-ins to be paid in advance to book your spot. Stabling is available at both locations. For the Ponoka clinic please contact, [ca](mailto:ca) and for the Edmonton clinic please contact

**April 2-4, 2010 (Easter Weekend)** Dale Irwin Clinic (Edmonton Area) Dressage and Jumping. Contact Linda Cowherd (Choney) at [pchoney@telusplanet.net](mailto:pchoney@telusplanet.net) or 780-459-9771.

**June 19-20, 2010** AHTA Eventing Clinic (Alhambra Stables, Red Deer) Dressage, jumping and cross country. Instructors to be announced. Contact Linda Cowherd (Choney) at [pchoney@telusplanet.net](mailto:pchoney@telusplanet.net) or 780-459-9771

**July 31-August 1, 2010** AHTA Eventing Clinic (Alhambra Stables, Red Deer) Dressage, jumping and cross country. Instructors to be announced. Contact Linda Cowherd (Choney) at [pchoney@telusplanet.net](mailto:pchoney@telusplanet.net) or 780-459-9771

**August 31—Sept. 2, 2010** South Peace Developmental Clinic (before the event) (Grande Prairie) Cross country clinic. Contact Dorothy Russell at [dorothy@evergreen-energy.com](mailto:dorothy@evergreen-energy.com)